

# All-School Seminar Day 2017

Understanding Today's Struggle for Racial Civil Rights

Northfield Campus

February 28, 2017

### Session 3

Title of Workshop	Short Description of Workshop	Format
Art and Racial Civil Rights	How has art impacted racial civil rights past and present? This session explores paintings, sculptures, graphics, and photography from important times in history that are defined by social protest and American race relations. Learn how artists have used their creative voice to empower others and how art continues to impact racial civil rights today.	Speaker or Presentation, Media Viewing
Developing Empathy & Acceptance by Reading Picture Books to Children (Part 1 of 2)	Come to the Northfield Library and read picture books to a group of children (ages 3-5). The picture books will focus on themes of embracing diversity, accepting others and oneself, and social justice. Students will lead activities related to the books with the young children. <b>This is a double-session workshop. Students must register for both sessions.</b>	Interactive
Disney and Racial Stereotypes	Watch classic Disney animated films and discuss how these films influence childhood development of racial identities. This workshop will analyze characters based on racial stereotypes or who further racial generalizations.	Discussion, Media Viewing
Examining Our Biases	To create an environment where everyone feels valued, we must recognize our personal biases and the impact they have on ourselves and others. Through interactive exercises lead by a conflict management specialist, participants will challenge their personal assumptions about many dimensions of diversity, assess the ramifications of these unchallenged assumptions, and consider how biases affect daily decisions. Lastly, we will discuss what steps we can take to develop a more inclusive environment at New Trier and in our communities.	Simulation or other Interactive Activity
From Kareem to Kaepernick: Athlete Activists in the Modern Era	This workshop will provide students with an abbreviated history of professional athletes who have utilized their athletic notoriety to lend public voice to the struggle for civil/human rights in America. Illuminating the continuity of their work, specific athletes will be highlighted and their cause to encourage and bring about social justice for people of color in America will be placed into historical context.	Speaker or Presentation, Discussion, Media Viewing
Realizing King's Radical Realization of Values	We will be unpacking Dr. King's vision of The Beloved Community and discussing how we can engage in its proper pursuit beginning at the community level and beyond. What is Radical Solidarity and what does it demand of us in pursuit of social justice?	Speaker or Presentation, Discussion

Representation in Film/Theatre	In this session, we hope to present information and facilitate conversation about the representation of persons of color across various media (movies, television, live theatre, etc.). From the #Oscarsowhite controversy through non-traditional casting of musical hits such as the Pulitzer Prize winning "Hamilton," we hope to analyze and debunk issues concerning the mere stage time of actors of all racial backgrounds.	Speaker or Presentation, Discussion, Collaborative Work, Media Viewing
Tracing Food Inequality: Food Deserts in Chicago	This workshop addresses the difficulty of obtaining high quality, fresh and affordable food in particular areas of Chicago. Typically referred to as "Food Deserts", there are sections of Chicago in which individuals have to travel a long distance to reach a grocery store. We will review the "food desert" situation as it disproportionately impacts particular areas of the city, do a short simulation and then look for ways to improve the situation.	Speaker or Presentation, Discussion, Simulation or other Interactive Activity
Where Do You Draw the Line?	Fifty years ago, New Trier Township was divided into two high schools. If you had to do it today, where would you draw the dividing line? We will learn the history of New Trier's "crooked line" and discuss its fairness. Further topics may include gerrymandering and algorithms for partitioning.	Speaker or Presentation, Discussion, Collaborative Work
Why We Do What We Do	The session will focus on investigating how we are socialized and how strongly that reflects through two emotions, love and fear, that dictate everything that we do. How does this tie into how we show up as racist, non-racist, or anti-racist?	Speaker or Presentation, Discussion

## Session 4

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Art in The Movement	This workshop will focus on how art has played a pivotal role in the social movements over the years, and how Ms. Johnson uses poetry as a social and political act today.	Speaker or Presentation, Performance
Developing Empathy & Acceptance by Reading Picture Books to Children (Part 2 of 2)	Come to the Northfield Library and read picture books to a group of children (ages 3-5). The picture books will focus on themes of embracing diversity, accepting others and oneself, and social justice. Students will lead activities related to the books with the young children. <b>This is a double-session workshop. Students must register for both sessions.</b>	Interactive
Disney and Racial Stereotypes	Watch classic Disney animated films and discuss how these films influence childhood development of racial identities. This workshop will analyze characters based on racial stereotypes or who further racial generalizations.	Discussion, Media Viewing
Emotional Intelligence in Race Relations	This session will examine the role of race, gender, socioeconomic status, religion, and cultural background in our relationships with others. We will examine our personal story and how it affects decisions consciously or subconsciously that we make on a daily basis. We will develop tools to help shift perspective and gain a deeper understanding and connection with people of backgrounds that are different than our own.	Speaker or Presentation, Discussion, Collaborative Work
Empowering Diversity Through a Growth Mindset	It was once believed that humans have a fixed amount of intelligence, and it is that level of intelligence that determines how well we can learn and accept the diversity in our lives. Research evidence suggests that intelligence and acceptance is a process that is influenced by learning and experience. What is a “mindset”? How are mindsets related to diversity and inclusion? Do we all have mindsets – and is there a good mindset and a bad mindset? Mindsets can create obstacles for diversity. Brain scientists are learning much about how doing certain things and thinking certain ways lays down neuropathways in our brains. The more we do or think that way, the more deeply grooved the neuropathways become. This is the root of a habit – a “knee jerk” way of reacting in thought or action. Carol Dweck describes how a growth mindset can help us reach our full potential socially and academically.	Discussion

Media Literacy and How People of Color Are Depicted in Movies, Sports, Advertising	Come experience a workshop where students will engage in discussion, interaction, and analyze current media. People of color are often stereotyped or used as props for consumerism. Students will have the opportunity to view media clips and advertising campaigns that depict these stereotypes.	Discussion, Collaborative Work, Media Viewing, Simulation or other Interactive Activity
Microaggressions: Not So Small	In this session, participants will have the opportunity to develop a deeper understanding of racial microaggressions. This workshop will feature group discussion, video and an experiential component.	Speaker or Presentation, Discussion, Collaborative Work, Media Viewing, Simulation or other Interactive Activity
Realizing King's Radical Realization of Values	We will be unpacking Dr. King's vision of The Beloved Community and discussing how we can engage in its proper pursuit beginning at the community level and beyond. What is Radical Solidarity and what does it demand of us in pursuit of social justice?	Speaker or Presentation, Discussion
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Understanding Implicit Bias: Being Biased Doesn't Make You a Bad Person	In this workshop participants will take the Harvard Implicit Association Test, an online visual multiple choice test, that measures attitude and beliefs about race that are more subconscious. We will then have a discussion about the impact of bias, our lack of awareness of it, and ways to actively work against racial bias we would like to eradicate.	Discussion, Media Viewing
Western Bias in Science	Newton, Darwin, Curie... Can you think of a non-European or non-American scientist in history? Come examine the western bias in science education, its sources and its implications, in this interactive workshop.	Simulation or other Interactive Activity

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